



Summer is ...

Summer is here. Hot temperatures that call for time in the water. Meals prepared on the BBQ. Toes walking barefoot in the grass. Time for summer BINGO. Mark as completed as many items on this card as possible. There are 12 ways to celebrate a line completion.

Share your achievements on our Facebook page.

B	I	N	G	O
Walk, hike or bike 100 miles by the autumnal equinox on September 22nd.	Go to a public place and write. What do you notice happening and does it reflect in your writing?	Go for a hike and recollect your experience in a colored cartoon strip.	Learn or practice an outdoor skill - this can be in person or online.	Pick one natural thing in your yard and research to learn more about that thing.
Volunteer an hour of time or complete an act of kindness.	For seven days track the clouds for at least 10 minutes. Journal what you see.	Research heat illnesses and write a summary of how to avoid and treatment solutions.	Go for a walk in the grass - barefoot.	Take a print of the sole of your favorite hiking shoes and stow the print in your gear crate.
Go for a picnic. Include at least one quintessential picnic item (i.e. checkered tablecloth, basket).	Make a pie and share with a friend.	Create a five question survey about something you are passionate about and survey at least 10 people.	Dig dirt - use your senses to study and answer the question, "What is dirt?"	Create a Fourth of July craft with a friend.
Share a LNT social media message on one of your social media accounts.	Plan the itinerary for a fall weekend trip that is within 100 miles.	Camp out in the back yard—bring your pillows and blanket and snacks. Make it a no tech night.	Go outside on a clear evening and watch the milky way emerge.	Read a book - don't be skimpy on the pages. Make sure it is a good book; if the first 20 pages aren't very good get a new book.
Be outside for a minimum of three hours - be active - hike, bike, paddle, birdwatch.	Participate in a free/nominal fee/donation based activity in your community.	Create an outdoor scavenger hunt then enlist a few friends to play.	Visit the Farmer's Market and buy local.	Make a tea date with a friend and share stories.